# **AHM TRUST**

**ANNUAL REPORT 2018 – 2019** 





## ஏ.எச்.எம் டிரஸ்டி

25 வது ஆண்டு வெள்ளி விழா

-- Choche Chibab Consons

பெண்கள், குழந்தைகள், வளர்இளம் பருவத்தினர் *மற்றும்* முதியோர்கள் நேய தேனி மாவட்டம்.

நாள்: 16.02.2019 சனிக்கிழமை

டுடம் : ஏ.எச்.எம் டிரஸ்ட வளாகம் போடி - தர்மத்துப்பட்டி.

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### **OUR VISION**

To create a society that is free of eradicable diseases, of child abuse and women's oppression.

## **OUR MISSION**

- 1. Ensure significant improvement in the status of health in our working area.
- 2. Protect the rights of children, particularly with respect to shelter, education, training, and a life free of violence.
- 3. Empower women to become active member of society.
- 4. Care for the maintenance and welfare of the Senior Citizens of society.

#### I. MEDICAL CARE PROGRAMME

As envisioned in the third Sustainable Development Goal, our prime concern is to create Healthy society through preventive, promotive health care for the target groups. All the programs are designed to rehabilitate persons suffering with T.B, Leprosy and HIV /AIDS.

- a). Anuradha clinic: Anuradha clinic has equipped for diagnosis and treatment for 6 days a week. Patients who cannot afford private service get treated in our campus for free. some of them were referred to other hospitals for advanced treatment, they also received financial support for the same. A marginal amount was paid by few patieents exclusively for drugs. During this reporting period a total number of 14,081 cases treated of whom 8939 are old patients and 5142 are new. Apart from that 2202 patients were treated free of cost.
- **b).** Revised National Tuberculosis control Programme: India's Revised National Tuberculosis Control Program has commendable work for controlling TB. Under this program TN stands sixth in the country in detection of new TB cases for follow-up. The focus of AHM trust is to facilitate access to TB care for the vulnerable and marginalized. A key strategy of the project is to form village level network to refer TB patients to Anuradha clinic. TB Sputum test was taken from 42 suspected persons of whom 33 were positive.

Under project has treated 28 positive cases from the previous year and 25 positive cases during this year. Through this intervention Anuradha clinic has successfully completed treatment for 45 persons. The village Level Committee function as a change agent to identify and refer presumptive TB patients for Sputum examination and DOTS.

#### c). Reproductive Child Health:

AHM staff in coordination with PHC identified incidence of pregnancy related problems and did the referral. To detect health condition of mother and child. Survey was conducted door to door in the villages. This was coordinated by the Village Level Committee so that all the potential households are covered for data collection without ommission. Out of the survey one Positive STI case was tracked and one syndrome treatment was given.

#### d). Health Interventions for HIV/AIDS:

According to UN HIV epidemic in India, where national prevalence and incidence remains low. But the figures are high in some geographical regions and among some population groups. There is only 0.22 per cent prevalence of HIV/AIDS in every 100 people of the age between 15 and 49 in the country, according to estimates of National AIDS Control Organization (NACO).

The number of HIV-infected people who go on to develop Tuberculosis (TB) is increasing in India, according to the *India TB Report 2019*, which was released by the government on September 25, 2019. TB is the leading cause of morbidity and mortality among People Living with HIV (PLHIV). This group is 21 times more likely to develop TB than persons without the virus. TB-HIV co-infection results in higher mortality rates. Nearly 25 per cent of all deaths among PLHIV are estimated to be due to TB, the 2019 report says.

All-India figure of 21.5 lakh came from Uttar Pradesh. The same state had shown the highest contribution in the last report too. Uttar Pradesh, this year, is followed by Maharashtra (10 per cent) and Rajasthan (7 per cent). Madhya Pradesh and Gujarat reported the same proportion of cases as Rajasthan. Tamil Nadu, Bihar and West Bengal contributed 5 per cent cases each.

Considering the magnitude of the problem AHM expedite the services for the infected.

Total old cases 2017-2018	
Male	384
Female	315
Children	
Male	28
Female	23

Total New cases 2018-2019	
Male	4
Female	3

Despite concerted efforts to rehabilitate the PLVIH 187 old cases and 2 new cases died due to the HIV/AIDS infection. Details on the number of persons died gender wise listed below:

Total Number of death 187 ( Previous year)		
Male	133	
Female	51	
Boy	2	
Girl	1	
Total number of deaths during this year 3		
Male	2	
Female	1	

#### e) Hansen Cases (Leprosy)

India has the highest number of new leprosy cases in the world, followed by Brazil and Indonesia. Every year, over 200,000 such cases are detected globally and India accounts for more than half of these, according to the World Health Organization. In the past two-and-a-half years, India accounted for 60 per cent of the global total of new leprosy cases. In a recent report, the Central Leprosy Division, which comes under the Union Ministry of Health & Family Welfare, revealed that 13,485 new cases were detected only in 2017, which means that in every four minutes, one person is diagnosed with leprosy in India.

AHM rendering service to 119 cases whom 4 new cases, 11 old cases and 94 cases getting dressed by our staff.

New Cases	04
Old cases under treatment	11
Old cases for dressing	94

#### f). Carcinoma

Cancer of the esophagus typically occurs in one of two forms, squamous cell carcinoma arising from the stratified squamous epithelial lining of the organ, and adeno carcinoma affecting columnar glandular cells that replace the squamous epithelium. Other types of esophageal cancer are uncommon. Esophageal cancer is the 6<sup>th</sup> most common cancer in India. AHM trust has found 6 new cases, totally 91 cases registered.

#### II. COMMUNITY HEALTH PROGRAMME

#### a). Health Education:

AHM's one major thrust area of intervention is health. As part of this initiative AHM organized exhibition, street theatre and presentation of documentary films to give knowledge about health issues prevalent in the target areas. The project has successfully covered 8 middle schools for about 1050 children took part and learned about prevention and cure for various killer diseases. Over 35,598 houses visited to leave no one behind so that comprehensive health education is fulfilled among target communities. Nearly 300 posters and stickers displayed on prominent places for the civil society to capture the message. Reached nearly about 1800 tea shops and petty shops to create awareness on communicable diseases. A total number of 1874 persons consists of truck drivers and construction worker sensitized about STI, HIV/AIDS, T.B and related Illness. IEC materials briefing about health problems and remedies distributed to 32,245 persons from the target villages.

#### b). Revised National Tuberculosis control Programme

RNTCP recognizes that implementation of a good quality DOTS program is the first priority for TB control in the country. It is aimed to extend these services to all smear positive retreatment cases and new cases who have failed an initial first line drug treatment. Community participation as key component of AHM strategy to achieve TB free villages in Theni district. Implemented RNTCP through extensive network. 282 suspected cases examined, of which 107 cases followed -up. 23 cases referred for follow up with DOT providers and 88 through volunteers.

#### c). Monthly Meetings:

Monthly once gathering of all PLHIV's done. The objective was to interact with them to assess their condition, how the treatment process is going. Above all how a member of PLHIV feels about his condition. Other psycho-social parameters are discussed. During this reporting period 12 PLHIV's conducted a total of 50 members participated.

#### d). Nutritional Supplement:

We aim to supplement nutritional status of PLHIV who are under monitoring by AHM projects were given nutrition packets on pro-rata basis for a period of 11 months to enable immune function for the PLHIV. A total number of 50 families living with HIV benefitted out this scheme.

#### e). BCC Campaign:

Behaviour Change Communication is a comprehensive communication strategy used to convey tailored messages across targeted group, to encourage safer and healthier behaviour among them. Cultural programs, Exhibition has proved to be a effective conventional media, as it has unique access to rural households. A total of 2584 persons participated in such programs held in 25 places. Apart from this to provide supportive information handbills distributed along with stickers to nearly 3300 individuals.

#### f). ADOLESCENTS GROUP;

Our target adolescents were grouped to enrich their development and be united to exchange their knowledge and experience. This has resulted in preventing bias and social exclusion among the adolescents. This year we have formed the following groups;

Boys Group	7
Total Members	84
Girls group	33
Total Members	312

#### g). EYE CAMP WITH ARAVINDH EYE HOSPITAL:

Our target groups from Theni district are in dire need of Eye check up and treatment. Sensing the need we have decided to organize Eye camp. As planned Eye camp was conducted free of cost for those who registered. AHM with the Technical support of Aravind Eye Hospital, Theni, hold the camp. Doctors examined 552 patient while 111 referred for cataract surgery.

#### III. WOMEN EMPOWERMENT

Since inception AHM has given emphasis for the empowerment of women. The main objective was to educate and train women with necessary livelihood opportunity. organized unemployed women into SHG's. Introduced micro credit schemes and trained them to become entrepreneurs. During this year 505 new SHG' formed and has 5988 members. Eventually 8 men's group, 3 youth groups and 10 farmers club formed during this year .

#### **Training:**

AHM is one of the pioneering organization in providing livelihood support through MLM. As part of our initiative to create source of income. In collaboration with Vestige training on MLM for various products held during this year. A total of 220 members got benefitted. Some of them started from their own village to sell the products. This is one method of bringing self sufficiency for women and weaker sections of society.

#### **ICICI LOAN:**

A number of startup loans and schemes for entrepreneurs available for the welfare of women SHG's and individual members who has the capacity to make use of this opportunity can access to livelihood. AHM coordinated with ICICI bank, provided loans to the tune of Rs1,58,69000 distributed to 528 beneficiaries, consists of 48 groups. The previous loans distributed were repaid this year. The total repayment done for Rs13,43,297. This mile stone is possible by the cooperation of SHG members.

Loan given previous year	Rs1,58,69000
Repayment this year	Rs13,43,297

#### **NABFINS LOAN**

Due to repeated request by SHG groups who scored well during the grading were considered for yet another financial support through NABFINS. AHM staff put their trust in providing total requested amount without hesitation. A huge sum of Rs64,81,656 was distributed as NABFINS loan to 20 outstanding groups. Loan outstanding from NPA & OD Rs12,80,057.

#### FREE LEGAL AID:

AHM trust has free legal aid service to victims of various atrocities. In spite of the socio-economic background and status accused are taken to task. We have team of trained staff who received calls from the victims and proceed for legal remedy with Lawyers through district courts. Many instances miscreants surrender for compromise as they were afraid of Police and court procedures. AHM legal Aid services well known to target women this is result of hard work with dedication by AHM. This mission has helped 33 number of victims this year.

#### THENI CHILDLINE OFFICE: DISTRICT LEGAL SERVICE AUTHORITY

Total number of	33
cases	
Domestic	21
Violence	
Property rights	10
issues	
Love affair	2

#### IV. CHILD PROTECTION AND WELFARE

#### a). CHILD RIGHTS CLUB (CRC):

Child rights club was mandatory in schools ordered by District collector. The idea behind the clubs was to increase awareness among children of their rights and also the support mechanisms available for them in the event of any kind of harassment or abuse. It is believed that the club would increase reporting of problems by children as they would be more comfortable in sharing their problems with their peers instead of teachers.

Children from Class 4 will be part of it. The club will have two representatives from every class. Four students will function as the directors of the club and they will be selected by other students. These representatives will change every two months. One parent, the school principal and a representative of the School Development and Monitoring Committee (SDMC) will be part of the club as well. Through the club, children will learn to identify instances where there has been violation of their rights and understand the process for registering a complaint.

AHM trust used the concept of Child Rights club a decade ago. Especially children from marginalized communities are excluded due to poor knowledge and sociopolitical conditions. To exercise this facility 285 child rights clubs formed with 2431 members by AHM trust.

#### b). CHILDREN LEARNING CENTRE (CLC)

Child learning centre's are evening tuition centers, inforce at 21 villages. Majority of target children are studying in government schools and are slow learners. In order to give a boost to their studies. Especially, to fill the gap with other bright students who attend private schools. Home work, assignments, quiz and writing practice given to the children by learning centers. Each centre has a coordinator to facilitate child development. Apart from studies, personal development programs held periodically

for overall development of children. This year 782 children enrolled and benefitted out of 21 CLC's.

#### c). TRAINING AND ORIENTATION ON CHILD RIGHTS

Training and Orientation are inseparable part of development and growth. This year four unique training programs held for target children. First of all they learned about various issues concerning children and entitlements of children as they are more vulnerable and susceptible for exploitation. Many children hails from illiterate families, their parents do not have the intention to educate their wards on their rights. Secondly, technology based crimes are increasing and go unreported due to lack of information about it. Hence, online safety program was organized.

SI.NO	Program	Total Participants
1	Child Rights and Children's Issue	151
2	Online safety	137
3	Anti – Child Labour day Signature campaign	658 Children
4	Mentor's Capacity Building Training	15

#### **VOCATIONAL TRAINING CENTRE**

To reduce vulnerabilities of youth from socio-economically poor communities. An extended vocational program conducted by AHM. Our training programs are approved by NCVRT, New Delhi. Previous year a total No. of 58 potential candidates from our target areas under went training (2017-2018). During this reporting period (2018-2019) a total number of 77 youths attended five different job oriented vocational training programs conducted by AHM. All the courses are designed with state government syllabus so that job placement will not have any glitches. Qualified tutors are in place for each trade separately to cover the subjects on stipulated time.

Academic Year 2018 - 2019	
Electrician Training ( I year )	17
Computer Training	4
Tailoring Training (6 months)	15
Domestic Appliance Mechanism ( 6 months )	15
Nursing Assistant Training - 2 <sup>nd</sup> year student	14
Nursing Assistant Training - 1 <sup>st</sup> year student	12

Academic Year 2017 - 2018	
Electrician Training (Tyear)	12
Computer Training	5
Tailoring Training (6 months)	20
Domestic Appliance Mechanism ( 6 months )	5
Nursing Assistant Training - 2 <sup>nd</sup> year student	9
Nursing Assistant Training - 1 <sup>st</sup> year student	17

#### NESA KARANGAL HOME FOR WOMEN AND CHILDREN

Nesa karangal means hands with compassion. Children who hails from marginalized and vulnerable families. Children who are destitute, have nothing and literally live in the street corners, child labour. Children of PLHIV are beneficiaries of this home. AHM runs this home with compassion. In particular, their schooling is not affected. Nesa karangal home provides what they could not afford on their own. A total number of 23 children both boys and girls

Total number of children	23
Boys	07
Girls	16

#### **CHILDREN IN BOARDING SCHOOL& COLLEGE:**

As part of our service to the needy children, boarding school has been in existence for the past -- years. A total number of 8 (4Boys + 4 girls) children studying in the school. After completing School five persons have been admitted to college for further studies.

Total number of children at Schools	8
Boys	4
Girls	4

Total number of children at Colleges	5
B.E	1
Law	1
Diploma in Nursing	3

#### **CHILDLINE 1098 - COLLABORATIVE ORGANIZATION**

CHILDLINE India Foundation is a project of Ministry of Women and Child Development. Childline India foundation is a non-government organization in India that operates a telephone helpline called Childline, for children in distress. It was India's first 24-hour, toll free, phone outreach service for children. Child Helpline is an emergency phone service that links services and resources to children in need of care and protection.

Since inception Childline intervention project has tremendous achievement. AHM trust played a significant role in Theni, Bodinayakanur and Kadamalaikundu blocks. Especially Technology facilitated system to receive complaints and response has paved the way for reaching multitude of cases from one corner of the district. A total of 26 different kind of intervention done at the district level and in collaboration.

80 different events conducted to have comprehensive coverage of all kind of issues and people.

S.No	Intervention	Collab	District
1	Child Marriage	137	275
2	Child Labour	66	86
3	Child Sexual Abuse	11	40
4	Corporal Punishment	12	18
5	Verbal Abuse	-	2
6	Physical Abuse	46	90
7	Eve teasing	8	15
8	Drug Addict	45	108
9	Begging	1	1
10	Educational /	52	112
11	Missing Child	8	23
12	Shelter	32	57
13	Medical Help	1	18
14	School Issues	30	4
15	Love affair	-	2
16	ESG	69	124
17	Drop out	96	163
18	Child Trafficking	3	3
19	Run away	23	43
20	Conflict with law	1	1
21	Family Issue	19	23

22	Bonded Labour	1	1
23	Noise pollution	1	4
24	Unclassified	1	76
25	Parents asking help	12	12
	Total	675	1301

#### **OUT REACH ACTIVITIES**

S.			Colab	District	
No	Awareness	Events	Participants	Events	Participans
1	Open House	12	874	22	1556
2	Mass Awareness	31	25752	44	33263
3	School Visit	92	8517	127	14644
4	Police Station	282	282	417	417
5	Bus stand	16	3861	22	5124
6	PCO contacted	92	92	104	104
7	Auto drivers	412	412	784	784
8	Children's Club	187	187	384	384
9	SHG members	421	421	954	954
10	Slums / villages	32	627	1587	1587
11	Issued based Awareness	16	514	20	1614
12	Nutrition Support	25	25	25	25
13	VHN staff / Doctors	166	166	166	166
14	ICDS staffs	287	287	394	394
15	Marriage Mahal	67	67	102	102
16	Orphanage home	335	335	385	385
17	Religious place	548	548	596	596
18	Hotels	160	160	233	233
19	Hospitals	412	412	447	447
20	Lodges	13	1934	32	3040
21	Mills / Garments / Shops	779	779	1161	1161
22	Grama Sabha Meetings	3	254	13	751
23	Phone Testing	1628	1628	2540	2540
24	Children's	264	264	345	345

	Programme				
25	1 to 1 Awareness	2141	2141	4336	4336
26	Volunteers	142	142	142	142
27	Stake holders	294	294	410	410
28	Government Officers	678 3	6783	1299 3	12993
29	Panchayet Leaders	196	196	200	200
30	SHG, Federation Training	108	108	148	148
31	Notice	8214	8214	9974	9974
32	Sticker	525	525	728	728
33	Poster	22	22	38	38
34	ATM Centre	78	78	121	121
35	RTO Office	1	841	3	2083
36	Theatres	29	793	29	793
37	Childline Day	1	28	1	28
38	Exhibition	3	47	4	81
39	Operation Muskkan	-	-	3	10
40	Signature Camp	68	68	172	172
41	Night Duty / Hollow Police	12	12	344	344
42	Association	2	41	16	218
43	CAB	2	87	2	87
44	TAB	2	84	4	147
45	PLF	6	1036	52	1413
46	Child & Parents awareness	6	873	6	1072
47	Anganwadi	6	48	6	48
48	ITI	6	1245	6	1406
49	100 days wage worker	325	325	627	627
50	Petty shop	6	680	6	961
51	Tea shop	29	54	35	219
52	Special events	1	1456	3	2327
53	Youth	6	48	6	408
54	Farmers	6	60	6	117
55	Survey	5	148	398	415
56	Market	6	160	6	265

57	ICDS Training	1	402	1	402
58	Volunteers training	4	78	8	125
59	Children federation	1	147	2	218
60	Govt. Hostel	1	687	3	1500
61	Resource organization Meeting	2	147	2	147
62	Staff Capacity training	6	12	6	75
63	NSS/NCC/YRC/Stu dents orientation	10	221	12	488
64	ST People Orientation	6	147	9	192
65	Mobile Van Awareness	6	36	2	533
66	Tourisms place awareness	6	14	1	5
67	Community leader Awareness	6	121	6	1102
68	GDP Hall	3	319	3	319
69	Forest Officers	1	10	3	41
70	Joint Raid with labour department	6	84	10	102
71	Colleges	21	21	26	26
72	Rally	14	14	60	60
73	National Girl Child Day	47	47	61	61
74	International Girl Child Day	12	12	18	18
75	Anti Child Labour Day	36	36	36	36
76	Childline Se Dosti Week	258	258	457	457
77	Signature camp	3	52	5	137
78	Complain box opening	12	12	6	15
79	Marathon race	-	-	6	84
80	Online Safety Awareness	6	47	6	47

#### UDHAVUM KARANGAL HOME FOR SENIOR CITIZENS

(A shelter with love and care for elders who are lonely, neglected and destitute)

Day by day more number of senior citizen's become homeless. They face many problems for their daily living. Majority of them uncared by the children due to nuclear family, some of them do not have anybody to care and evetually become destitutes. So, AHM trust has initiated a project exclusively for Senior citizens who are excluded and abandoned by children and society. Those who are admitted getting proper attention and care, among the inmates whoever is getting pension has to pay for their medical expenses. In general benefits include food, clothing and health care. This service is extended as long as they stay. Various recreation programs, festival celebrations and games conducted to keep them out of worries and weariness. A total of 23 female and 8 male senior citizens under care right now.

Male	8
Female	18
Pension and free meal, Female	5

Besides we also have short stay arrangement for women and children who has to stay away from home due to personal safety reasons.

Short stay total	24
Early Marriage	6
Family Problem	3
Missing Children	13
Sexually abused	2

## INTEGRATED COMPLEX OF SPECIAL HOMES FOR DESTITUTE CHILDREN AND SENIOR CITIZENS

Integrated Complex of Special Homes for Destitute children and senior citizens is functioning since 2012. Under this programme we are receiving Grant from Government of Tamil Nadu for 25 children and 25 senior citizens.

#### **NETWORKING:**

A H M Trust is working with the State Level and National Level Networks to implement the activity of TNVHA ( Tamil Nadu Voluntary Health Association ) through 21 member NGO's in Theni District. As well as we are implementing the other Network activities of CACL ( Campaign Against Child Labour ). CACT ( Campaign Against Child Trafficking ). FPCP ( Forum for Promotion of Child Participation ) and FCMRP ( Federation of Children Movements for Right to Participation ) through the other like minded NGO's in Theni District. Working with

the other NGO's is a nice experience for making difference and bringing new changes for the rights based activities in Theni District.

#### **SPECIAL THANKS TO:**

We express our sincere thanks to

- The Board of Trustees
- Our dedicated staff
- The District Collector
- The Superintendent of Police and other Police officers
- The Joint Director of M&RHS, DDHS and Medical officers
- Directorate of Social Welfare and DSWO
- The Protection Officer, DCPU, Social Defense officers, Child Welfare Committee and Juvenile Justice Board
- ICDS and other Government officials
- Asst. Commissioner of Labour and their executive officers.
- DRDA PO, Mahalir Thittam- PO, , LDM, District Project Officer Puthu Vahvu
- NABARD DDM, BDOs, Bank Managers and their top level executives
- M.D., NABFINS, District Manager and other executives of NABFINS
- The Regional Manager, ICICI Bank
- The General Manager, Senior Manager KVB.,
- The Senior Managers of Canara Bank, IDBI and AXIS Bank.
- Educational Department officials and Head Masters
- TNVHA, CACL, CACT, FPCP, FCMRP Chennai
- Lions Club of Bodinayakanur
- NCVRT, New Delhi
- Individual donors
- CHILDLINE India Foundation, The Head, SRRC, City In-charge, CCC and other officers
- The Hans Foundation, New Delhi
- NANDRI Help for South India, Switzerland
- The Miriam Dean Funds, England
- Arokia Freundschaftskreis, Germany
- Creating Smile, Germany
- and The Caring Fund, St. Bernhard's Parish, USA
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